HSE GUIDE · 2026

Haze at work: what to do at each API level

Based on DOSH's haze guidelines (2026). Use the official DOE API on APIMS, not phone-app AQI.

Employers must protect workers from haze.

Failing this duty (OSHA 1994 s.15) or ignoring a DOSH stop-work order: fine up to **RM500,000** and/or **2 years' jail**.

Symptoms to watch for	Cough / itchy throat	Sore, watery eyes	Runny nose / sneezing	Itchy skin	Difficulty breathing

→ **Have these symptoms? Tell your supervisor and see a doctor.**

Heart/lung staff = staff with heart or lung disease, e.g. asthma. DOSH calls them "susceptible employees".

API	Employer	Staff
51–100 Moderate PREPARE	• List heart/lung staff (keep it private) • List outdoor jobs to cut back • Set stop-work criteria • Stock N95, improve air cleaning • Brief staff on the haze plan	Outdoor staff: N95 fit test All staff: know the stop-work rule
101–200 Unhealthy REDUCE	+ ALL OF THE ABOVE • Cut strenuous outdoor work • N95 for heart/lung staff outdoors (move indoors if they struggle) • Water-spray construction sites	+ ALL OF THE ABOVE Heart/lung staff: N95 outdoors All staff: drink water often
201–300 Very Unhealthy AVOID	+ ALL OF THE ABOVE • No strenuous outdoor work • Heart/lung staff indoors, light work • N95 for all outdoor staff • Pause earthworks	+ ALL OF THE ABOVE Outdoor staff: wear N95 Heart/lung staff: work indoors ⚠ DANGER LEVELS
301–400 Hazardous PROTECT	+ ALL OF THE ABOVE • N95 compulsory for outdoor staff • Check visibility before lifting • Vehicle headlights on	+ ALL OF THE ABOVE Outdoor staff: N95 compulsory Heart/lung staff: stay indoors
400+ Very Hazardous STOP	+ ALL OF THE ABOVE • Avoid all outdoor work • Emergency & essential work only, with N95 • Follow National Committee on Disaster Management instructions	+ ALL OF THE ABOVE All staff: stay indoors Essential staff: wear N95

Supervisor announces STOP → go indoors. Only essential staff stay out, with N95.

Extra steps	Close doors & windows	Run air cleaners	Use public transport	Update staff	Check APIMS hourly

Our site Person in charge _____ Phone number _____

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